

Lexington Dental Care

Post-visit instructions

MTM aligner Post OP

The MTM aligner is ideal for very minor front tooth movements. It is a clear aligner that when seated over the teeth applies slight pressure on the teeth to move them. The MTM aligner is adjusted by the dentist every 2 to 3 weeks to refine the tooth movement. The treatment with an MTM aligner is approximately 4 to 8 weeks.

922 WALTHAM ST., SUITE 205 LEXINGTON, MASSACHUSETTS 02421-8019

PHONE (781) 861-1444 FAX (781) 861-6534

WWW.LEXINGTONDENTALCARE.NET INFO@LEXINGTONDENTALCARE.NET