

TEETH WHITENING INFORMATION & CONSENT FORM

1. General Information

Teeth whitening is designed to lighten the color of your teeth. Significant lightening can be achieved in most cases, but the results cannot be guaranteed. When done properly, the whitening will not harm your teeth or gums. However, like any other treatment, it has some inherent risks and limitations. These are seldom serious enough to discourage you from having your teeth whitened but should be considered when deciding to have the treatment.

2. Candidates for Teeth Whitening

Just about anyone is a candidate for teeth whitening. However, the following cases should be considered:

- People with dark yellow or yellow-brown teeth tend to whiten better than people with gray or bluish-gray teeth.
- Multi-colored teeth, especially if due to tetracycline, do not whiten very well.
- People with significant periodontal disease are not good candidates
- If you are pregnant, obtain permission from your doctor before trying the whitening procedure.
- People with minimal discoloration, (teeth that are already very white) may not see a substantial degree of whitening.
- Teeth with many fillings, cavities, chips, etc., are usually best treated by bonding, porcelain veneers or porcelain crowns. Any current restoration you have, such as, fillings, porcelain crowns, onlays and inlays cannot be whitened.

3. Your Responsibilities

- WEARING YOUR WHITENING - Whitening will only be effective if you conscientiously wear the prefilled tray 1-2 times per day for 15 minutes per application until desired results are achieved.
- COMPLICATIONS - If you experience any severe discomfort or other problems, contact us immediately. Most sensitivity is usually transient and disappears after one to several days.

4. Potential Problems

- TOOTH SENSITIVITY - If your teeth are normally sensitive, whitening may make your teeth more sensitive for an extended period of time. Under these circumstances, you have the option to add a desensitizing gel to your whitening procedure. If your teeth are sensitive after whitening, a mild analgesic such as Tylenol or Advil will usually be effective in making you more comfortable until your tooth sensitivity returns to normal.
- GUM IRRITATION - This is the result of a small amount of solution leaking on to the gum. A burning sensation on your gums may also occur. This should resolve by itself between a few hours to a few days.

- EFFECT ON FILLINGS - Tooth colored fillings will not whiten. If the filling matches your current color, whitening will result in mis-matched shades with your natural teeth. You may need to have your fillings replaced to match you newly whitening teeth.

5. Completion of Treatment

- LEVEL OF LIGHTENING – There is no totally reliable way to predict how light your teeth will whiten. Every person is different and we will do our best to give you the best result possible.
- RELAPSE - Following completion of whitening, pigments found in food and drinks will re-stain your teeth, commonly called whitening relapse. You may touch up with additional GO trays.

I have read this information and understand the risks of this procedure.